## **Patient Paperwork**

HCM MEDICAL GROUP

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_ Current Weight:

Current Height:

| MEDICATIONS - List all medications you take, prescription and non-prescription, and the dosage |                  |                   |                                       |              |  |  |  |  |
|--|------------------|-------------------|---------------------------------------|--------------|--|--|--|--|
|  | o not take any r | medications 🛛 🗆 I | have a list I will provide separately |              |  |  |  |  |
| Medication Name  | Dosage           | Frequency         | For                                   | Prescibed by |  |  |  |  |
|  |                  |                   |                                       |              |  |  |  |  |
|  |                  |                   |                                       |              |  |  |  |  |
|  |                  |                   |                                       |              |  |  |  |  |
|  |                  |                   |                                       |              |  |  |  |  |
|  |                  |                   |                                       |              |  |  |  |  |
|  |                  |                   |                                       |              |  |  |  |  |
|  |                  |                   |                                       |              |  |  |  |  |
|  |                  |                   |                                       |              |  |  |  |  |
|  |                  |                   |                                       |              |  |  |  |  |
|  |                  |                   |                                       |              |  |  |  |  |
|  |                  |                   |                                       |              |  |  |  |  |
|  |                  |                   |                                       |              |  |  |  |  |
|  |                  |                   |                                       |              |  |  |  |  |

If more space is needed, please attach full list of medications on a separate sheet of paper.

| MEDICAL HISTORY - Check if you are or have ever experienced the following conditions |                          |  |                               |  |                             |  |  |  |
|--|--------------------------|--|-------------------------------|--|-----------------------------|--|--|--|
|  | Condition                |  | Condition                     |  | Condition                   |  |  |  |
|  | Alcoholism               |  | Depression                    |  | Learning Disability/Delay   |  |  |  |
|  | Anemia                   |  | Diabetes                      |  | Liver Disease               |  |  |  |
|  | Anxiety                  |  | Diverticulitis/Diverticulosis |  | Neuropathy                  |  |  |  |
|  | Arthritis                |  | Eye Disease                   |  | Obesity                     |  |  |  |
|  | Asthma                   |  | Fibromyalgia                  |  | Osteoporosis                |  |  |  |
|  | Atrial Fibrillation      |  | GERD                          |  | Pancreatitis                |  |  |  |
|  | Autoimmune Disease       |  | Gout                          |  | Peripheral Vascular Disease |  |  |  |
|  | Bleeding Disorder        |  | Hearing Loss                  |  | Prostate/BPH                |  |  |  |
|  | Cirrhosis                |  | Heart Attack                  |  | Renal Disease               |  |  |  |
|  | Colon Cancer             |  | Hepatitis A / B / C           |  | Rheumatoid Arthritis        |  |  |  |
|  | Colon Polyps             |  | High Cholesterol              |  | Sleep Apnea                 |  |  |  |
|  | Congestive Heart Failure |  | Hitatal Hernia                |  | Stroke/TIA                  |  |  |  |
|  | COPD/Emphysema           |  | HIV/AIDS                      |  | Thyroid Disease             |  |  |  |
|  | Coronary Artery Disease  |  | Hypertension                  |  | Ulcerative Colitis          |  |  |  |
|  | Crohn's Disease          |  | Irritable Bowel Syndrome      |  | Other                       |  |  |  |

| MEDICATION AND FOOD ALLERGIES - List all known a | llergies and intolerances (drugs, food, animals, latex, etc.) |
|--|---|
| 🗆 No Kn  | own Allergies   |
| Allergy  | Reaction  |
|  |   |
|  |   |
|  |   |
|  |   |
|  |   |
|  |   |



| SURGI               | CAL HISTORY | / - List aı           | ny serious injuries or su | urgical proce | edures, | and approximate year. |  |
|---------------------|-------------|-----------------------|---------------------------|---------------|---------|-----------------------|--|
| Procedure           | Year        |                       | Year                      | Procedure     |         | Year                  |  |
| Appendectomy        |             | Heart Surgery (Type): |                           |               |         | Pacemaker             |  |
| Aneurysm            |             |                       |                           |               |         | Prostate              |  |
| Bladder             |             |                       |                           |               |         | Reflux Surgery        |  |
| Bowel Surgery       |             |                       | Hemorrhoid Surgery        |               |         | Skin Surgery          |  |
| Brain               |             |                       | Hernia Surgery            |               |         | Spinal Surgery        |  |
| Breast              |             |                       | Hysterectomy              |               |         | Stent Placement       |  |
| CABG                |             |                       | Joint replacement:        |               |         | Sterilization; Type   |  |
| Carotid             |             |                       |                           |               |         | Testicles             |  |
| Carpal Tunnel       |             |                       |                           |               |         | Thyroidectomy         |  |
| Colonoscopy         |             |                       | Kidney                    |               |         | Tonsillectomy         |  |
| Cosmetic Surgery    |             |                       | Liver Biopsy              |               |         | Transplant Surgery    |  |
| C-Section           |             |                       | Liver Surgery             |               |         | Upper Endoscopy (EGD) |  |
| ERCP                |             |                       | Lung Surgery              |               |         | Valve Replacement     |  |
| Eye Surgery         |             |                       | Orthopedic Surgery:       |               |         | Varicose Veins        |  |
| Gallbladder Surgery |             |                       |                           |               |         | Other                 |  |
| Gastric Surgery     |             |                       |                           |               |         | Other                 |  |

## 

|                            |        |        | FAMILY MEDICA | AL HISTORY |          |       |       |
|----------------------------|--------|--------|---------------|------------|----------|-------|-------|
| Adopted                    | Mother | Father | Sibling:      | Sibling:   | Sibling: | Child | Child |
| Living                     |        |        |               |            |          |       |       |
| Deceased                   |        |        |               |            |          |       |       |
| Deceased Age:              |        |        |               |            |          |       |       |
| Barrett's Esophagus        |        |        |               |            |          |       |       |
| Colon Polyps               |        |        |               |            |          |       |       |
| Inflammatory Bowel Disease |        |        |               |            |          |       |       |
| Diabetes                   |        |        |               |            |          |       |       |
| Heart Disease              |        |        |               |            |          |       |       |
| High Cholestrol            |        |        |               |            |          |       |       |
| Hypertension               |        |        |               |            |          |       |       |
| Liver Disease              |        |        |               |            |          |       |       |
| Mental Disorder            |        |        |               |            |          |       |       |
| Stroke                     |        |        |               |            |          |       |       |
| Other                      |        |        |               |            |          |       |       |
| Cancer:                    |        |        |               |            |          |       |       |
| Breast                     |        |        |               |            |          |       |       |
| Esophagus                  |        |        |               |            |          |       |       |
| Lung                       |        |        |               |            |          |       |       |
| Uterine, Bladder, Ureter   |        |        |               |            |          |       |       |
| Pancreas                   |        |        |               |            |          |       |       |
| Prostae                    |        |        |               |            |          |       |       |
| Stomach                    |        |        |               |            |          |       |       |
| Other                      |        |        |               |            |          |       |       |

Do you currently use tabocco products? 
Ves 
No

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## HCM MEDICAL GROUP

|                                   | Do you currently use  | 🗆 Yes 🗆 No   | 1  | For how long?         |                      |  |  |  |  |  |  |
|-----------------------------------|---|--|--|-----------------------|----------------------|--|--|--|--|--|--|
|                                   | Cigarettes pace   | cks per day  | Cigar/Pipe   | eamour                | nt per day           | Chewing amount per day   |  |  |  |  |  |
|                                   | Have you ever tried to quit?   Yes  No  |  |  |                       |                      |  |  |  |  |  |  |
| е<br>В                            | Have you previously used tobacco products?  Yes No For how long?  |  |  |                       |                      |  |  |  |  |  |  |
| ) n                               | Cigarettes  | 🗆 Cigar,   |  | Chewing               |                      | When did you quit?   |  |  |  |  |  |
| oho                               |   |  |  |                       |                      |  |  |  |  |  |  |
| Caffeine/Tabacco/Drug/Alcohol Use | Alcohol Use:  | 🗆 Yes 🗆 No   |  |                       |                      |  |  |  |  |  |  |
| /ßn.                              | Beer:   | Occasional   | Weekly   | Daily                 | Never                |  |  |  |  |  |  |
| Į į                               | Wine:   | Occasional   | Weekly   | Daily                 | Never                |  |  |  |  |  |  |
|                                   | Liquor:   | Occasional   | Weekly   | Daily                 | Never                |  |  |  |  |  |  |
| abe                               |   |  |  |                       |                      |  |  |  |  |  |  |
| e/T                               | Do you consume drinks containing Caffeine? 🗆 Yes 🛛 🗆 No   |  |  |                       |                      |  |  |  |  |  |  |
| fein                              |   |  |  |                       |                      |  |  |  |  |  |  |
| Caf                               | If yes, how many drin   | ,  | · /  |                       |                      |  |  |  |  |  |  |
|                                   | Drug use:   | 🗆 Yes 🗆 No   | Last Usage   |                       |                      |  |  |  |  |  |  |
|                                   |   |  | Туре   |                       |                      | 1 0  |  |  |  |  |  |
|                                   | Have you ever been t  | reated for addictic  | n?   | □ Yes □ N             | 0                    |  |  |  |  |  |  |
|                                   |   |  |  |                       | •                    |  |  |  |  |  |  |
|                                   | Education   |  |  |                       |                      |  |  |  |  |  |  |
| _                                 | How many children d   | lo vou have?   |  | How many              | children at h        | ome?   |  |  |  |  |  |
| Personal                          | Type of Exercise?   |  |  |                       | □ Weekly             | Monthly      Yearly  |  |  |  |  |  |
| erso                              | Lives With  |  |  | /                     | /                    | , ,  |  |  |  |  |  |
| ā                                 | Occupation  |  |  |                       | 🗆 Full Time          | 🗆 Part time  |  |  |  |  |  |
|                                   | Religious Preference  |  |  |                       |                      |  |  |  |  |  |  |
|                                   |   |  |  |                       |                      |  |  |  |  |  |  |
|                                   | Last Flu Vaccination  |  |  |                       |                      | Date   |  |  |  |  |  |
| nes                               | Last Pneumonia (Circ  | le: Prevar 13 and/   | or Pneumovax   | 23) Vaccinat          | ion(s)               | Date   |  |  |  |  |  |
| Vaccines                          | Last Shingles (Zostava  |  |  |                       |                      | Date   |  |  |  |  |  |
| l >                               | Last Tetnus (Circle: To   | · · ·  |  |                       |                      | Date   |  |  |  |  |  |
|                                   | HepatitisB Vaccine, Did you complete the series?  Yes No Dates:   |  |  |                       |                      |  |  |  |  |  |  |
|                                   |   |  |  |                       |                      |  |  |  |  |  |  |
| <b></b>                           |   |  |  |                       |                      | Data   |  |  |  |  |  |
| Sg                                | Last Breast Cancer Sc   | creening (Mammog   | -  |                       |                      | Date   |  |  |  |  |  |
| nings                             | Last Abdominal Aorti  | creening (Mammog<br>ic Aneurysm (AAA)  | -  |                       |                      | Date   |  |  |  |  |  |
| reenings                          | Last Abdominal Aorti<br>Last Lung Cancer Scre   | creening (Mammog<br>ic Aneurysm (AAA)<br>eening  | -  |                       |                      | Date<br>Date   |  |  |  |  |  |
| Screenings                        | Last Abdominal Aorti<br>Last Lung Cancer Scre<br>Last Bone Density Scr  | creening (Mammog<br>ic Aneurysm (AAA)<br>eening<br>reening (DEXA)  | -  |                       |                      | Date<br>Date<br>Date   |  |  |  |  |  |
| Screenings                        | Last Abdominal Aorti<br>Last Lung Cancer Scre   | creening (Mammog<br>ic Aneurysm (AAA)<br>eening<br>reening (DEXA)  | -  |                       |                      | Date<br>Date   |  |  |  |  |  |
|                                   | Last Abdominal Aorti<br>Last Lung Cancer Scre<br>Last Bone Density Scr  | creening (Mammog<br>ic Aneurysm (AAA)<br>eening<br>reening (DEXA)<br>Screening (PSA)                                   | Screening  | naging you ha         | ave had pert         | Date<br>Date<br>Date<br>Date   |  |  |  |  |  |
|                                   | Last Abdominal Aorti<br>Last Lung Cancer Scre<br>Last Bone Density Scr  | creening (Mammog<br>ic Aneurysm (AAA)<br>eening<br>reening (DEXA)<br>Screening (PSA)<br>Diagnostic Testi               | Screening<br>ng - List any in                          |                       | · · ·                | Date<br>Date<br>Date<br>Date<br>aining to the curent issues          |  |  |  |  |  |
|                                   | Last Abdominal Aorti<br>Last Lung Cancer Scre<br>Last Bone Density Scr<br>Last Prostate Cancer                  | creening (Mammog<br>ic Aneurysm (AAA)<br>eening<br>reening (DEXA)<br>Screening (PSA)                                   | Screening  | naging you ha         | ave had pert<br>Labs | Date<br>Date<br>Date<br>Date   |  |  |  |  |  |
| Testing                           | Last Abdominal Aorti<br>Last Lung Cancer Scre<br>Last Bone Density Scr  | creening (Mammog<br>ic Aneurysm (AAA)<br>eening<br>reening (DEXA)<br>Screening (PSA)<br>Diagnostic Testi               | Screening<br>ng - List any in                          |                       | · · ·                | Date<br>Date<br>Date<br>Date<br>aining to the curent issues          |  |  |  |  |  |
|                                   | Last Abdominal Aorti<br>Last Lung Cancer Scre<br>Last Bone Density Scr<br>Last Prostate Cancer                  | creening (Mammog<br>ic Aneurysm (AAA)<br>eening<br>reening (DEXA)<br>Screening (PSA)<br>Diagnostic Testi               | Screening<br>ng - List any in                          |                       | · · ·                | Date<br>Date<br>Date<br>Date<br>aining to the curent issues          |  |  |  |  |  |
|                                   | Last Abdominal Aorti<br>Last Lung Cancer Scre<br>Last Bone Density Scr<br>Last Prostate Cancer                  | creening (Mammog<br>ic Aneurysm (AAA)<br>eening<br>reening (DEXA)<br>Screening (PSA)<br>Diagnostic Testi               | Screening<br>ng - List any in<br>CT Scan               |                       | Labs                 | Date<br>Date<br>Date<br>Date<br>aining to the curent issues<br>Other |  |  |  |  |  |
| Testing                           | Last Abdominal Aorti<br>Last Lung Cancer Scre<br>Last Bone Density Scr<br>Last Prostate Cancer                  | creening (Mammog<br>ic Aneurysm (AAA)<br>eening<br>reening (DEXA)<br>Screening (PSA)<br>Diagnostic Testi               | Screening<br>ng - List any in<br>CT Scan<br>Please lis | MRI                   | Labs                 | Date<br>Date<br>Date<br>Date<br>aining to the curent issues<br>Other |  |  |  |  |  |
| Testing                           | Last Abdominal Aorti<br>Last Lung Cancer Scre<br>Last Bone Density Scr<br>Last Prostate Cancer<br>Date<br>Where | creening (Mammog<br>ic Aneurysm (AAA)<br>eening<br>reening (DEXA)<br>Screening (PSA)<br>Diagnostic Testi<br>Ultrasound | Screening<br>ng - List any in<br>CT Scan<br>Please lis | MRI<br>st all doctors | Labs                 | Date Date Date Date Date Date Date Date                              |  |  |  |  |  |
| Testing                           | Last Abdominal Aorti<br>Last Lung Cancer Scre<br>Last Bone Density Scr<br>Last Prostate Cancer<br>Date<br>Where | creening (Mammog<br>ic Aneurysm (AAA)<br>eening<br>reening (DEXA)<br>Screening (PSA)<br>Diagnostic Testi<br>Ultrasound | Screening<br>ng - List any in<br>CT Scan<br>Please lis | MRI<br>st all doctors | Labs                 | Date Date Date Date Date Date Date Date                              |  |  |  |  |  |
|                                   | Last Abdominal Aorti<br>Last Lung Cancer Scre<br>Last Bone Density Scr<br>Last Prostate Cancer<br>Date<br>Where | creening (Mammog<br>ic Aneurysm (AAA)<br>eening<br>reening (DEXA)<br>Screening (PSA)<br>Diagnostic Testi<br>Ultrasound | Screening<br>ng - List any in<br>CT Scan<br>Please lis | MRI<br>st all doctors | Labs                 | Date Date Date Date Date Date Date Date                              |  |  |  |  |  |