



May 20, 2020

Dear HCM Wellness Center Member:

We are living in extraordinary times where the importance of your health and wellness influences daily decisions. Now, when we are out in public, we evaluate every encounter with the risks to our health. We are building up our personal resilience, which in turn builds our community's resilience.

As a member of the HCM Wellness Center, you have always championed a happy and healthy life. The Wellness Center team strives to fulfill our vision. *Empower Others. Create Healthy.* When the Wellness Center reopens June 1, we are shifting our focus from "Customer First" to "Community First" during these extraordinary times. The HCM Wellness Center commits to keeping its members safe and healthy, and its members commit to keeping the Wellness Center's community safe and healthy.

In the month of May, we adapted the facility to:

- Maintain distancing between fitness equipment
- Piloted small group exercise classes outdoors
- Personal Training sessions off-site
- Reorganized the pool changing rooms and piloted small group pool classes
- Thoroughly painted and cleaned the facility. Sanitized fitness equipment.

Visit [HCMWellnessCenter.org](https://www.hcmwellnesscenter.org) to view forms and important updates regarding the reopening plan. The Re-Opening Guidelines for the HCM Wellness Center, details what the Wellness Center is doing for you and your responsibilities to help keep the Center healthy and safe. Please be patient with us as we work through this together.

The HCM Wellness Center will continue following practices specified by the CDC and outlined in the Open Texas Plan. A Team Member will screen you upon entry and you must follow member requirements (masks, gloves, distancing, and others) to exercise in the building.

On June 1, monthly billing will resume for your membership. We also know and understand the COVID-19 pandemic affects us all uniquely. If you do not want to return to the HCM Wellness Center or continue your membership, please call 830-997-1355 and we will honor your request.

The HCM Wellness Center will always be here for our community and your wellness journey. We welcome you with open arms (at a safe distance) to empower you to have a happy and

healthy life.

Welcome back.

The Wellness Center Team

830.997.1355

HCMWellness@HillCountryMemorial.org

To Learn More>>

Visit HCMWellnessCenter.org to view the following documents:

1. Re-Opening Guidelines
2. Health History Form: To be submitted on first visit
3. Code of Conduct: To be submitted on first visit

HCMWellnessCenter.org

HCM Wellness Center Team Members:

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