



June 10, 2020

Dear HCM Wellness Center Member,

Thank you for your patience with us in these extraordinary times as we adapt to operational changes and strive to provide you with remarkable service. We have been joyful in seeing your faces returning to the Wellness Center. Thank you for putting your trust in the Wellness Center Team to keep you safe and healthy.

From the “May Re-Opening Survey” (578 responses) we prioritized your health safety requirements:

- 1. Systematic sanitation of fitness equipment during hours of operation.
- 2. Limit the number of members in a room to maintain safe distancing.
- 3. Screen for symptoms at entrance.
- 4. Allocate time periods for high risk population.

As of June 8, 2020 the COVID-19 cases and deaths in Texas are forecasted, by the CDC, to rise¹. Our Fredericksburg community is still at risk of serious illness or complications from COVID-19. Please join the HCM Wellness Center Team in continuing to follow the CDC guidelines to mitigate and slow the spread.

As of June 3, the State of Texas released fitness centers to 50% occupancy at a safe distance. We have not reached 25% occupancy capacity so far; therefore, we are not requiring a fitness equipment or pool reservation. However, to maximize the use of your time we will continue the online reservation system.

Our plan until the end of June 2020 is as follows:

Fitness Equipment Use: change to 2 hour blocks for [reservations](#), not required

Requirements Remain: gloves on the fitness equipment **and** masks to move from room to room.

Pool Reservations: 2 hour blocks for [reservations](#), not required

- Continued closure of changing rooms and showers

Group Exercise Classes: [reservation process](#)

- Maximum 20 participants
- Next class sign up opens: **Thursday June 11, 2020 10:00 AM** on [EventBrite.com](#)

All Members Requirements:

- Temperature screened at the door.
- Check in at the front desk or by Class roster
- Fitness Equipment Use (only): must check out
- Silver Sneakers must check in on their tablet
- Masks in public places

The HCM Wellness Center is here for you as you embark on your wellness journey. Please see our [Reopening Webpage] for updates. Thank you for your support and patience.

HCM Wellness Center Team
830.997.1355



¹ [CDC Gov COVID-19 Data Tracker Forecast](#)